

# CHOSUN TAEKWONDO ACADEMY

60 GALLOWAY ROAD UNIT 2 WARWICK, NY 10990 (845) 986-2288 info@chosuntkd.com www.chosuntkd.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-4:00 <b>Private Instruction</b> Chosun Instructors	9:30-10:45 <b>Hatha Yoga LIVE-STREAM</b> Patty Cook	☯ 11:15-12:15 ☯ <b>Morning All Belts Teen/Adult</b> Grandmaster Cook	10:00-10:45 <b>Qigong Practice LIVE-STREAM</b> Master Garrett	9:00-10:30 <b>Private Instruction</b> Chosun Instructors	9:30-10:45 <b>Hatha Yoga LIVE-STREAM</b> Patty Cook
	☯ 11:15-12:15 ☯ <b>Morning All Belts Teen/Adult</b> Grandmaster Cook	1:00-4:30 <b>Private Instruction</b> Chosun Instructors	☯ 11:15-12:15 ☯ <b>Morning Poomsae Teen/Adult</b> Grandmaster Cook	☯ 11:15-12:15 ☯ <b>Morning All Belts Teen/Adult</b> Grandmaster Cook	☯ 11:15-12:15 ☯ <b>Morning All Belts</b> Grandmaster Cook
5:00-5:45 <b>KickStart Ages 4 &amp; 5</b> Master Pyke	5:00-6:00 <b>Youth Training Ages 6 to 12</b> Instructor Bele	5:00-5:45 <b>KickStart Ages 4 &amp; 5</b> Master Pyke	5:00-6:00 <b>Youth Training Ages 6 to 12</b> Instructor Bele	5:00-6:00 <b>Youth Poomsae &amp; Kicking Drills Ages 6 to 16</b> Master Testa	12:30-1:30 <b>Afternoon All Belts</b> Instructor Radakovits
6:00-7:00 <b>All Belts Il Su Sik/Ho Sin Sool</b> Master Testa Instructor Parkinson	6:00-7:00 <b>All Belts</b> Master Garrett Instructor Radakovits	6:00-7:00 <b>Black Belts</b> Master Testa	☯ 6:00-7:00 ☯ <b>Call-Out Poomsae</b> Grandmaster Cook		<b>Sunday</b>
7:00-8:00 <b>Black Belts</b> Master Roche	☯ 7:00-8:00 ☯ <b>Poomsae Review</b> Grandmaster Cook	7:00-8:00 <b>All Belts LIVE / LIVE-STREAM</b> Master Testa	7:00-8:00 <b>All Belts</b> Master Orlovsky	☯ 6:00-7:00 ☯ <b>All Belts Review</b> <b>LIVE / LIVE-STREAM</b> Grandmaster Cook Master Radakovits	☯ 9:30-10:30 ☯ <b>Black Belts 1st &amp; 3rd Sunday of Each Month</b> Grandmaster Cook
					☯ 11:00-12:30 ☯ <b>USTA POOMSAE LIVE-STREAM SEPARATE LOG-IN 1st &amp; 3rd Sunday Each Month</b> Grandmaster Cook
					12:30-2:00 <b>Zen Meditation 3rd Sunday Each Month</b> Seiry Gendelman



## SUMMER 2022 SCHEDULE

ALL DOJANG CLASSES  
BROADCAST VIA ZOOM ONLINE

☯ Effective 7/1/22 through 8/31/22 ☯

