

CHOSUN TAEKWONDO ACADEMY

60 GALLOWAY ROAD UNIT 2 WARWICK, NY 10990 (845) 986-2288 info@chosuntkd.com www.chosuntkd.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-4:00 Private Instruction Chosun Instructors	9:30-10:45 Hatha Yoga LIVE-STREAM Patty Cook	☯ 11:15-12:15 ☯ Morning All Belts Teen/Adult Grandmaster Cook	10:00-10:45 Qigong Practice LIVE-STREAM Master Garrett	9:00-10:30 Private Instruction Chosun Instructors	9:30-10:45 Hatha Yoga LIVE-STREAM Patty Cook
	☯ 11:15-12:15 ☯ Morning All Belts LIVE-STREAM Grandmaster Cook	1:00-4:30 Private Instruction Chosun Instructors	☯ 11:15-12:15 ☯ Morning Poomsae LIVE-STREAM Grandmaster Cook	☯ 11:15-12:15 ☯ Morning All Belts Teen/Adult Grandmaster Cook	☯ 11:15-12:15 ☯ Morning All Belts Grandmaster Cook
5:00-5:45 KickStart Ages 4 & 5 Master Pyke	5:00-6:00 Youth Training Ages 6 to 12 Instructor Bele	5:00-5:45 KickStart Ages 4 & 5 Master Pyke	5:00-6:00 Youth Training Ages 6 to 12 Instructor Bele	5:00-6:00 Youth Poomsae & Kicking Drills Ages 6 to 16 Master Testa	12:30-1:30 Afternoon All Belts Instructor Radakovits
6:00-7:00 All Belts Master Testa	6:00-7:00 All Belts Master Garrett Instructor Radakovits	6:00-7:00 Black Belts Master Testa	☯ 6:00-7:00 ☯ Call-Out Poomsae Grandmaster Cook		Sunday
7:00-8:00 Black Belts Master Roche	☯ 7:00-8:00 ☯ Poomsae Review Grandmaster Cook	7:00-8:00 All Belts LIVE-STREAM Master Testa	7:00-8:00 All Belts Master Orlovsky	☯ 6:00-7:00 ☯ All Belts Review LIVE-STREAM Grandmaster Cook	☯ 9:30-10:30 ☯ Black Belts 1st & 3rd Sunday of Each Month Grandmaster Cook
					☯ 11:00-12:30 ☯ USTA POOMSAE LIVE-STREAM SEPARATE LOG-IN 1st & 3rd Sunday Each Month Grandmaster Cook



WINTER / SPRING 2022 SCHEDULE

☯ ALL DOJANG CLASSES BROADCAST ONLINE ☯

Effective 1/1/22 through 6/30/22

Students may attend LIVE-STREAM classes at the dojang, but instruction will be balanced with those online



12:30-2:00
Zen Meditation
3rd Sunday
Each Month
Seiryu Gendelman