

CHOSUN TAEKWONDO ACADEMY

60 GALLOWAY ROAD UNIT 2 WARWICK, NY 10990 (845) 986-2288 info@chosuntkd.com www.chosuntkd.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-4:00 Private Instruction Chosun Instructors	9:30-10:45 Hatha Yoga LIVE-STREAM Patty Cook	9:00-10:30 Private Instruction Chosun Instructors	10:00-10:45 Qigong Practice LIVE-STREAM Master Garrett	9:00-10:30 Private Instruction Chosun Instructors	9:30-10:45 Hatha Yoga LIVE-STREAM Patty Cook
	☯ 11:15-12:15 ☯ Morning All Belts Teen/Adult Grandmaster Cook	☯ 11:15-12:15 ☯ Morning All Belts Teen/Adult Grandmaster Cook	☯ 11:15-12:15 ☯ Morning Poomsae Teen/Adult Grandmaster Cook	☯ 11:15-12:15 ☯ Morning All Belts Teen/Adult Grandmaster Cook	☯ 11:15-12:15 ☯ Morning All Belts Grandmaster Cook
5:00-5:45 KickStart Ages 4 & 5 Master Radakovits	☯ 5:00-6:00 ☯ Youth Training Ages 6 to 12	5:00-5:45 KickStart Ages 4 & 5 Master Radakovits	☯ 5:00-6:00 ☯ Youth Training Ages 6 to 12	5:00-6:00 Youth Sparring & General Practice Ages 6 to 16 Master Testa	12:30-1:30 Afternoon All Belts Master Radakovits
6:00-7:00 All Belts Master Testa Master Parkinson	Chosun Masters	6:00-7:00 All Belts Master Testa Instructor Parkinson	Chosun Masters		
	☯ 6:00-7:00 ☯ Poomsae Review Grandmaster Cook		☯ 6:00-7:00 ☯ Call-Out Poomsae Grandmaster Cook		
7:00-8:00 All Belts Master Roche	☯ 7:00-8:00 ☯ All Belts Grandmaster Cook	7:00-8:00 All Belts Instructor Radakovits Master Garrett	7:00-8:00 All Belts Master Orlovsky	☯ 6:00-7:00 ☯ All Belts Review Grandmaster Cook	

Sunday

☯ 9:30-10:30 ☯
Black Belts
1st & 3rd Sunday of Each Month
Grandmaster Cook

☯ 11:00-12:30 ☯
USTA POOMSAE LIVE-STREAM SEPARATE LOG-IN
1st & 3rd Sunday Each Month
Grandmaster Cook

12:30-2:00
Zen Meditation
One Sunday Each Month
Seiry Gendelman



FALL / WINTER 2024 SCHEDULE

ALL DOJANG CLASSES
BROADCAST ONLINE VIA ZOOM

☯ Effective 9/1/24 through 12/31/24 ☯

