

CHOSUN TAEKWONDO ACADEMY

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-4:00 Private Instruction Chosun Instructors	9:30-10:45 Hatha Yoga Patty Cook	☯ 11:15-12:15 ☯ Morning All Belts Teen/Adult Grandmaster Cook	10:00-10:45 Qigong Practice Master Garrett	9:00-10:30 Private Instruction Chosun Instructors	9:30-10:45 Hatha Yoga Patty Cook
	☯ 11:15-12:15 ☯ Morning All Belts LIVE-STREAM Grandmaster Cook	1:00-4:30 Private Instruction Chosun Instructors	☯ 11:15-12:15 ☯ Morning All Belts LIVE-STREAM Grandmaster Cook	☯ 11:15-12:15 ☯ Morning All Belts Teen/Adult Grandmaster Cook	☯ 11:15-12:15 ☯ Morning All Belts Grandmaster Cook
5:00-5:45 KickStart Ages 4 & 5 Master Pyke	4:45-5:45 Youth Training Ages 6 to 12 Master Crouchen	5:00-5:45 KickStart Ages 4 & 5 Master Pyke	4:45-5:45 Youth Training Ages 6 to 12 Instructor Bele	4:45-5:45 Youth Training Ages 6 to 12 Master Testa	12:30-1:30 Afternoon All Belts LIVE-STREAM Instructor Radakovits
6:00-7:00 All Belts Master Testa	6:00-7:00 All Belts Instructor Radakovits Master Garrett	6:00-7:00 Black Belts Master Testa	☯ 6:00-7:00 ☯ Call-Out Poomsae Grandmaster Cook	4:45-5:45 Youth Poomsae REMOTE-STREAM ONLY Master Maynard	
7:15-8:15 Black Belts Master Roche	☯ 7:15-8:15 ☯ Poomsae Review Grandmaster Cook	7:15-8:15 All Belts LIVE-STREAM Master Orlovsky Master Testa	7:15-8:15 All Belts Advanced Basics Master Adams Instructor Heslin	☯ 6:00-7:00 ☯ All Belts LIVE-STREAM Grandmaster Cook	

Sunday

☯ 9:30-10:30 ☯
Black Belts
Grandmaster Cook
Chosun Masters

☯ 11:00-12:30 ☯
USTA POOMSAE LIVE-STREAM SEPARATE LOG-IN
1st & 3rd
Sunday of Each
Month
Grandmaster Cook

WINTER / SPRING 2021 SCHEDULE

☯ ALL DOJANG CLASSES BROADCAST ONLINE ☯
Effective 1/1/21 through 6/30/21 – Social Distancing / Masks Required
Students may attend LIVE-STREAM ONLY CLASSES at the dojang, but attention will be directed primarily to those online

