

# CHOSUN TAEKWONDO ACADEMY

60 GALLOWAY ROAD / UNIT 2 WARWICK, NY 10990 (845) 986-2288 www.chosuntkd.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00-4:00 <b>Private Instruction</b> Chosun Instructors	9:30-11:00 <b>Hatha Yoga</b>  Patty Cook	11:15-12:30 <b>Morning All Belts Teen/Adult</b> Grandmaster Cook	9:30-11:00 <b>Hatha Yoga</b>  Patty Cook	11:15-12:30 <b>Morning All Belts Teen/Adult</b> Grandmaster Cook	9:30-11:00 <b>Hatha Yoga</b>  Patty Cook
4:45-5:30 <b>KickStart Ages 4 &amp; 5</b> Master Pyke	11:15-12:30 <b>Morning All Belts Teen/Adult</b> Grandmaster Cook	12:30-4:30 <b>Private Instruction</b>  Chosun Instructors	11:15-12:30 <b>Morning All Belts Teen/Adult</b> Grandmaster Cook	12:45-1:30 <b>Warwick Day Care Taekwondo</b> Master Pyke	11:15-12:30 <b>Morning All Belts</b>  Grandmaster Cook
5:30-6:30 <b>Black Belt &amp; Bodan</b> Master Testa	5:00-6:00 <b>Youth Training Ages 6 to 12</b> Grandmaster Cook		5:00-6:00 <b>Youth Training Ages 6 to 12</b> Master Crouchen	4:30-5:30 <b>Youth Poomsae Ages 6 to 16</b> Instructor Maynard	12:30-1:30 <b>Color Belt Only Class</b> Instructor Cirillo Instructor Parkinson
6:30-7:30 <b>All Belts</b>  Master Testa	6:00-7:00 <b>All Belts</b>  Master Orlovsky	4:45-5:30 <b>KickStart Ages 4 &amp; 5</b> Master Pyke	6:00-7:00 <b>All Belts</b>  Instructor Parkinson	5:30-6:30 <b>Youth Training Ages 6 to 12</b> Master Testa	<h2>Sunday</h2>
7:30-9:00  <b>CHOSUN INSTRUCTOR CLASS</b>  ☯  1 <sup>st</sup> Monday Of Each Month	7:00-8:00 <b>Poomsae Forms Practice</b> Grandmaster Cook	5:30-6:30 <b>All Belts</b>  Master Testa	7:00-8:30 <b>Call-Out Poomsae &amp; General Review</b>  ☯ Grandmaster Cook	6:30-8:00 <b>All Belts Review Teen/Adult</b>  ☯ Grandmaster Cook	
	8:00-9:00 <b>All Belts Teen/Adult</b> Master Roche	6:30-7:30 <b>Color Belt Only Class</b>  Master Garrett			9:00-10:30 <b>BLACK BELT CLASS</b> Grandmaster Cook ☯ 1 <sup>st</sup> & 3 <sup>rd</sup> Sunday Of Each Month



Visit Our  
Web Site for  
Weather  
&  
Holiday  
Closures

**WINTER / SPRING  
2019 SCHEDULE**  
Effective 1/1/19 through 6/30/19

