


# CHOSUN TAEKWONDO ACADEMY

60 GALLOWAY ROAD UNIT 2 WARWICK, NY 10990 (845) 986-2288 www.chosuntkd.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:45-5:30 <b>KickStart</b> Ages 4 & 5 Master Pyke	9:30-11:00 <b>Hatha Yoga</b>  Patty Cook	<b>NEW CLASS</b> 10:00-11:00 <b>Youth Training</b> For JULY Only Jr. Assist. Instructors	9:30-11:00 <b>Hatha Yoga</b>  Patty Cook	11:15-12:30 <b>Morning All Belts</b> <b>Teen/Adult</b> Grandmaster Cook	9:30-11:00 <b>Hatha Yoga</b>  Patty Cook
5:30-6:30 <b>Black Belt &amp; Bodan</b> Master Testa	11:15-12:30 <b>Morning All Belts</b> <b>Teen/Adult</b> Grandmaster Cook	11:15-12:30 <b>Morning All Belts</b> <b>Teen/Adult</b> Grandmaster Cook	11:15-12:30 <b>Morning All Belts</b> <b>Teen/Adult</b> Grandmaster Cook	1:30-4:30 <b>Private Instruction</b> Chosun Instructors	11:15-12:30 <b>Morning All Belts</b> Grandmaster Cook
6:30-7:30 <b>All Belts</b>  Master Testa	5:00-6:00 <b>Youth Training</b> Ages 6 to 12 Grandmaster Cook	12:30 - 4:00 <b>Private Instruction</b> Chosun Instructors	5:00-6:00 <b>Youth Training</b> Ages 6 to 12 Master Crouchen	4:30-5:30 <b>Youth Poomsae</b> Ages 6 to 16 Instructor Maynard	12:30-1:30 <b>Color Belt Only Class</b> Instructor Parkinson Instructor Cirillo
<b>CHOSUN INSTRUCTOR CLASS</b> Cancelled For July & August	6:00-7:00 <b>All Belts</b> Master Orlovsky	4:45-5:30 <b>KickStart</b> Ages 4 & 5 Master Pyke	<b>NEW CLASS</b> 6:00-7:00 <b>Teen Training</b> Ages 11 to 18 Grandmaster Cook	5:30-6:30 <b>Youth Training</b> Ages 6 to 12 Master Testa	<b>Sunday</b>  <b>ALL BELTS SPECIAL TRAINING</b>   <b>WARWICK TOWN PARK</b> *If Rain. At Dojang* 116 Union Corners Road Grandmaster Cook Guest Instructors 9:00-10:30 July 8 <sup>th</sup> & 22 <sup>rd</sup> August 12 <sup>th</sup> & 26 <sup>th</sup>
	7:00-8:00 <b>Call-Out Poomsae Forms Practice</b> Grandmaster Cook	5:30-6:30 <b>All Belts</b>  Master Testa	<b>NEW TIME</b> 7:00-8:30 <b>Call-Out Poomsae &amp; General Review</b>  Grandmaster Cook	6:30-7:30 <b>All Belts Review</b> <b>Teen/Adult</b>  Grandmaster Cook	
	8:00-9:00 <b>All Belts</b> <b>Teen/Adult</b> Master Roche	6:30-7:30 <b>Color Belt Only Class</b>  Master Garrett			



## SUMMER 2018 SCHEDULE

Effective 7/1/18 through 8/31/18 - Attend Often

