

CHOSUN TAEKWONDO ACADEMY

60 GALLOWAY ROAD / UNIT 2 WARWICK, NY 10990 (845) 986-2288 www.chosuntkd.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00-4:00 Private Instruction Chosun Instructors	9:30-11:00 Hatha Yoga Patty Cook	5:30-6:30 Sunrise All Belts Master Cook Master Garrett	9:30-11:00 Hatha Yoga Patty Cook	11:15-12:30 Morning All Belts Teen/Adult Master Cook	9:30-11:00 Hatha Yoga Patty Cook
4:45-5:30 KickStart Ages 4 & 5 Master Pyke	11:15-12:30 Morning All Belts Teen/Adult Master Cook	11:15-12:30 Morning All Belts Teen/Adult Master Cook	11:15-12:30 Morning All Belts Teen/Adult Master Cook	12:45-1:30 Warwick Day Care Taekwondo Master Pyke	11:15-12:30 Morning All Belts Master Cook
5:30-6:30 Black Belt & Bodan Master Testa	12:30-4:30 Private Instruction Chosun Instructors	12:30-4:30 Private Instruction Chosun Instructors	12:30-4:30 Private Instruction Chosun Instructors	4:30-5:30 Youth Poomsae Ages 6 to 16 Instructor Maynard	12:30-1:30 Color Belt Only Class Instructor Cirillo Instructor Parkinson
6:30-7:30 All Belts Master Testa	5:00-6:00 Youth Training Ages 6 to 12 Master Cook	4:45-5:30 KickStart Ages 4 & 5 Master Pyke	5:00-6:00 Youth Training Ages 6 to 12 Master Crouchen	5:30-6:30 Youth Training Ages 6 to 12 Master Testa	<h2>Sunday</h2>
7:30-9:00 CHOSUN INSTRUCTOR CLASS 1 st Monday Of Each Month	6:00-7:00 All Belts Instructor Sudul	5:30-6:30 All Belts Master Testa	6:00-7:00 All Belts Master Cook	6:30-8:00 All Belts Review Teen/Adult Master Cook	
	7:00-8:00 Poomsae Forms Practice Master Cook	6:30-7:30 Color Belt Only Class Master Garrett	7:00-8:00 Call-Out Poomsae Forms Practice Master Cook		9:00-10:30 BLACK BELT CLASS Master Cook 1 st & 3 rd Sunday Of Each Month
	8:00-9:00 All Belts Teen/Adult Master Roche		8:00-9:00 All Belts Teen/Adult Master Garrett		



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**FALL / WINTER
2017 SCHEDULE**
Effective 9/1/17 through 12/31/17