

CHOSUN TAEKWONDO ACADEMY

INSTRUCTOR / ASSISTANT SCHEDULE

DAY	CLASS	INSTRUCTOR	ASSISTANT	ASSISTANT	ASSISTANT
Monday	4:45 KickStart	Pam Pyke	Eleanor Pyke	Sean Parkinson	
	5:30 Black Belt & Bodan	Master Testa	Nancy Garrett	X	
	6:30 Poomsae	Master Testa	Bill Cirillo		
Tuesday	11:15 Morning All Belts	Master Cook			
	5:00 Youth Training	Master Cook	Pamela Pyke	Eleanor Pyke	Dylan Parkinson
	6:00 All Belts	Mary Sudul	Kiki Rosner	Bryce Parkinson	
	7:00 Poomsae	Master Cook			
	8:00 All Belts Teen/Adult	Master Roche			
Wednesday	5:30 Sunrise All Belts	Master Cook	Jake Garrett		
	11:15 Morning All Belts	Master Cook			
	4:45 KickStart	Pamela Pyke	Tim Leonard		
	5:30 All Belts	Master Testa	Master Wiggins	Bill Cirillo	
	6:30 Color Belts Only	Parkinson/Cirillo	Dylan Parkinson	Tom Lennon	
Thursday	11:15 Morning All Belts	Master Cook			
	5:00 Youth Training	Master Crouchen	Bryce Parkinson		
	6:00 All Belts	Master Cook			
	7:00 Poomsae	Master Cook			
	8:00 All Belts Teen/Adult	Jake Garrett	Tom Lennon		
Friday	11:15 Morning All Belts	Master Cook			
	12:45 Warwick Day Care	Pamela Pyke	Revolving: Master Wiggins / Master Salgunan / Kiki Rosner		
	4:30 Youth Poomsae	Elissa Maynard	Tim Leonard		
	5:30 Youth Training	Master Testa	Revolving: Junior Instructors and Junior Assistant Instructors		
	6:30 All Belts Review	Master Cook			
Saturday	11:15 Morning All Belts	Master Cook			
	12:30 Color Belts Only	Garrett/Cirillo	Dylan Parkinson		