CHOSUN TAEKWONDO ACADEMY

60 GALLOWAY ROAD / UNIT 2 WARWICK, NY 10990 (845) 986-2288 www.chosuntkd.com

Monday

8:00-11:00
Private Instruction
Chosun Instructors

4:45-5:30
KickStart
Ages 4 & 5
Instructor Pyke

5:30-6:30
Black Belt & Bodan
Master Testa

6:30-7:30
All Belts
Master Klugman

7:30-9:00
CHOSUN INSTRUCTOR CLASS
☯
1st & 3rd Monday Of Each Month

Tuesday

9:30-11:00
Hatha Yoga
Patty Cook

11:15-12:30
Morning All Belts Teen/Adult
Master Cook

12:30-2:30
Open Dojang Practice
Personal Training

5:00-6:00
Youth Training
Ages 6 to 12
Master Cook

6:00-7:00
All Belts
Master Ehrenreich

7:00-8:00
Poomsae Forms Practice
Master Cook

8:00-9:00
All Belts Teen/Adult
Master Roche

Wednesday

5:30-6:30
Sunrise All Belts
Master Cook

11:15-12:30
Morning All Belts Teen/Adult
Master Cook

12:30-2:30
Open Dojang Practice
Chosun Instructors

4:45-5:30
KickStart
Ages 4 & 5
Instructor Pyke

5:30-6:30
All Belts
Master Testa

6:30-7:30
Color Belt Only Class
Instructor Parkinson
Instructor Cirillo

Visit Our Web Site for Weather & Holiday Closures

Thursday

9:30-11:00
Hatha Yoga
Patty Cook

11:15-12:30
Morning All Belts Teen/Adult
Master Cook

12:30-2:30
Open Dojang Practice
Personal Training

5:00-6:00
Youth Training
Ages 6 to 12
Master Crouchen

6:00-7:00
All Belts
Master Cook

7:00-8:00
Call-Out Poomsae Forms Practice
Master Cook

8:00-9:00
All Belts Teen/Adult
Instructor Garrett

Friday

10:00-10:45
KickStart
Ages 4 & 5
Instructor Pyke

11:15-12:30
Morning All Belts Teen/Adult
Master Cook

12:45-1:30
Warwick Day Care Taekwondo
Instructor Pyke

4:30-5:30
Youth Poomsae
Ages 6 to 16
Instructor Maynard

5:30-6:30
Youth Training
Ages 6 to 12
Master Testa

6:30-8:00
All Belts Review Teen/Adult
Master Cook

Saturday

9:30-11:00
Hatha Yoga
Patty Cook

11:15-12:30
Morning All Belts
Master Cook

12:30-1:30
Color Belt Only Class
Instructor Garrett
Instructor Pico

Sunday

9:00-10:30
BLACK BELT CLASS
Master Cook
☯
1st & 3rd Sunday Of Each Month

SPRING 2016 SCHEDULE

Effective 4/1/16 through 6/30/16